

Getting started guide: Boccia



DEMAND

Design & Manufacture for Disability

DEMAND Design and Manufacture for Disability
Registered Charity No. 1008128

The Old Chapel, Mallard Road, Abbots Langley, WD5 0GQ
01923 681800 www.DEMAND.org.uk

Getting started:

Boccia

DEMAND
Design & Manufacture for Disability

@DEMANDcharity

The Game

Boccia (bot-cha) is played by two teams

A team can have 1 to 3 members

A referee gives instructions and counts the score

Balls can be thrown, kicked or rolled down a ramp

An assistant may help a player position the ramp

Aim

To get your ball closest to the white ball, the jack

Setup

Set up a court according to the diagram on the reverse of this card

Each team has 6 balls (red or blue) which are shared equally between players

Gameplay

A player throws the jack into the court, followed by their first coloured ball

The opposing team choose a member to throw their first coloured ball

The referee judges which team's ball is NOT closest to the jack

The team whose ball is NOT closest to the jack nominate a player to throw

Players from this team throw until their colour ball becomes the closest

to the jack, or they run out of balls to throw

Play switches to the other team, and so on

The game ends when all 12 balls have been thrown

Scoring

The referee gives a point for each ball of one colour that is closer to the jack than the closest ball of the opposite colour (see example on the reverse of this card)

Boccia Setup and Scoring

